Enchanté - Canal du Midi Culinary Cruise
Each Culinary Theme cruise includes cooking demonstrations in the open galley by the on board chef, wine and food pairings for each meal, Mediterranean cuisine which focuses on the freshest local produce and presentations of all cheeses and wines. There are also two lunches ashore, one in Narbonne's wonderful indoor market and the other - which you will cook yourself - in a lovely setting alongside the Canal du Midi.

Sample Itinerary*
Sallèles d’Aude to Trèbes (or reverse)
Charters only with $300 per person supplement

Sunday, Day 1 – Sallèles d’Aude
Guests are met in Narbonne and transferred by private chauffeured minibus to Enchanté. A champagne welcome and an introduction to the Captain and crew await, followed by dinner on board.

Monday, Day 2 – Sallèles d’Aude to Roubia
We start the day with the ancient art of “cavage”, French for truffle hunting, in the oak forests of the Minervois hills. After a successful search and then a savoring of the white truffle, we will stop at “La Cargolade” on the way back to the barge. This farm, named after a traditional Languedoc dish, specializes in the Petit Gris variety of escargot. Then an afternoon cruise during which you can watch a truffle cooking demonstration by our chef. This evening’s mooring will be in the village of Roubia. Dinner on board.

Tuesday, Day 3 – Roubia to Homps
This morning’s excursion is to “Oulibo”, Occitan for olive. This small but reputable olive oil press is a great opportunity to find out what “Extra Virgin” really means. Home to the famous Lucques olive, you will also enjoy tasting some Picholine or
Ascolana tapenades or olive oils. We continue to the Combebelle goat farm for a comparative tasting of young and mature goats’ cheeses. Upon returning to the boat we enjoy a lunchtime cruise to the charming and historical village of Homps, followed by a tour of a local boulangerie where you will be overwhelmed by the wonderful smell of freshly-baked bread and patisseries. Dinner on board.

**Wednesday, Day 4 – Homps to Aiguille**
This morning, we drive to Narbonne, a Roman Mediterranean capital where the Visigoth monarchs once lived. We enjoy a tour of Narbonne’s indoor food market where Enchanté’s chef will be on hand to help you select your evening’s dinner menu. After lunch in the market, we return to the barge, then cruise through vineyards and pine trees to L’Aiguille, followed by a wine tour coupled with a wine tasting at Château Saint Jacques d’Albas in the Minervois, one of the few regions to receive the much envied French mark of approval for wines known as A.O.C. Dinner on board.

**Thursday, Day 5 – Aiguille to Marseillette**
This morning we take you for a French cooking class alongside the Canal du Midi. This is a hands-on experience where the focus is on seasonal produce and classic recipes with a modern twist! For lunch you will be able to enjoy the meal you have just prepared seated in a stunning setting on the canalside. In the afternoon we cruise further along the 330-year-old Midi canal ascending its trademark locks as the relief becomes steeper. This is a great opportunity to walk from one lock to the next as Enchanté cruises on and witness your vessel navigate the triple-locking system. Dinner on board.

**Friday, Day 6 – Marseillette to Trèbes**
This morning, there is a fascinating morning tour of Carcassonne. Dating back to the Gallo-Roman era, this is the most complete medieval fortified city in existence today with its 52 watchtowers, portcullis and extraordinary repertoire of defenses. Home to many artisanal confectioners this is a perfect opportunity to indulge in some nougats and chocolates. We cruise in the afternoon through the dappled Cathedral-like canopy of the plane trees to Trèbes. Once a major ally for Carcassonne, this medieval town still retains unique paintings within its 13th century church. Farewell Dinner on board.

**Saturday, Day 7 – Trèbes to Narbonne**
After breakfast, guests are transferred by private chauffeured minibus to their choice of location in Narbonne.

*This is a sample itinerary and is subject to change.*